

SoSA technique:



Conceptual Filter

Select a word or a phrase that defines something that interests you. View the world using the word(s) as a filter. For example, if you pick the word "movement," the filter will make you see everything in terms of movement. Filters can be used in many ways. For example, you can use it to break the normal flow of life by approaching it from a perspective you control.

category: icfi / gen

difficulty: easy